

100

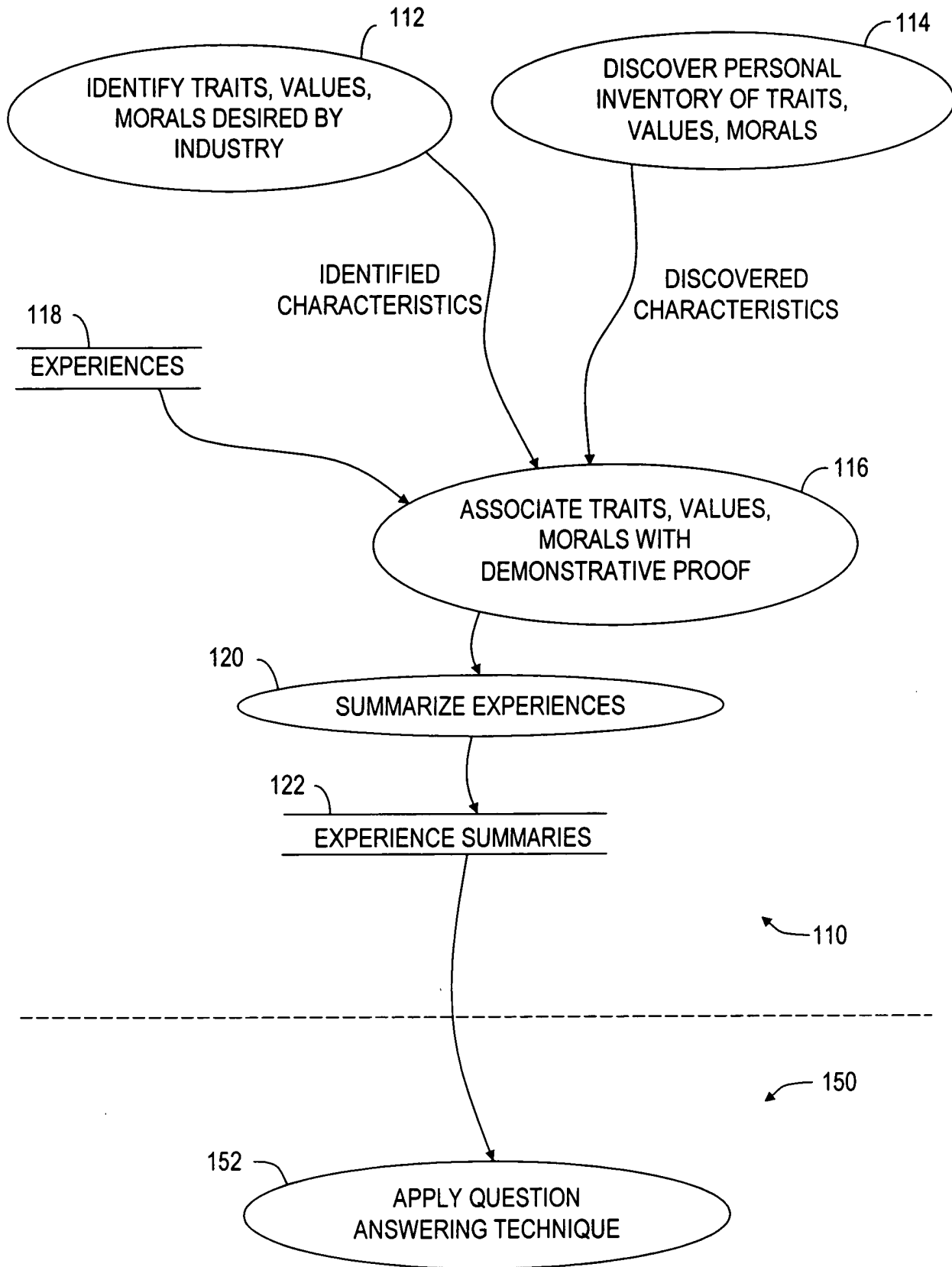


FIG. 1

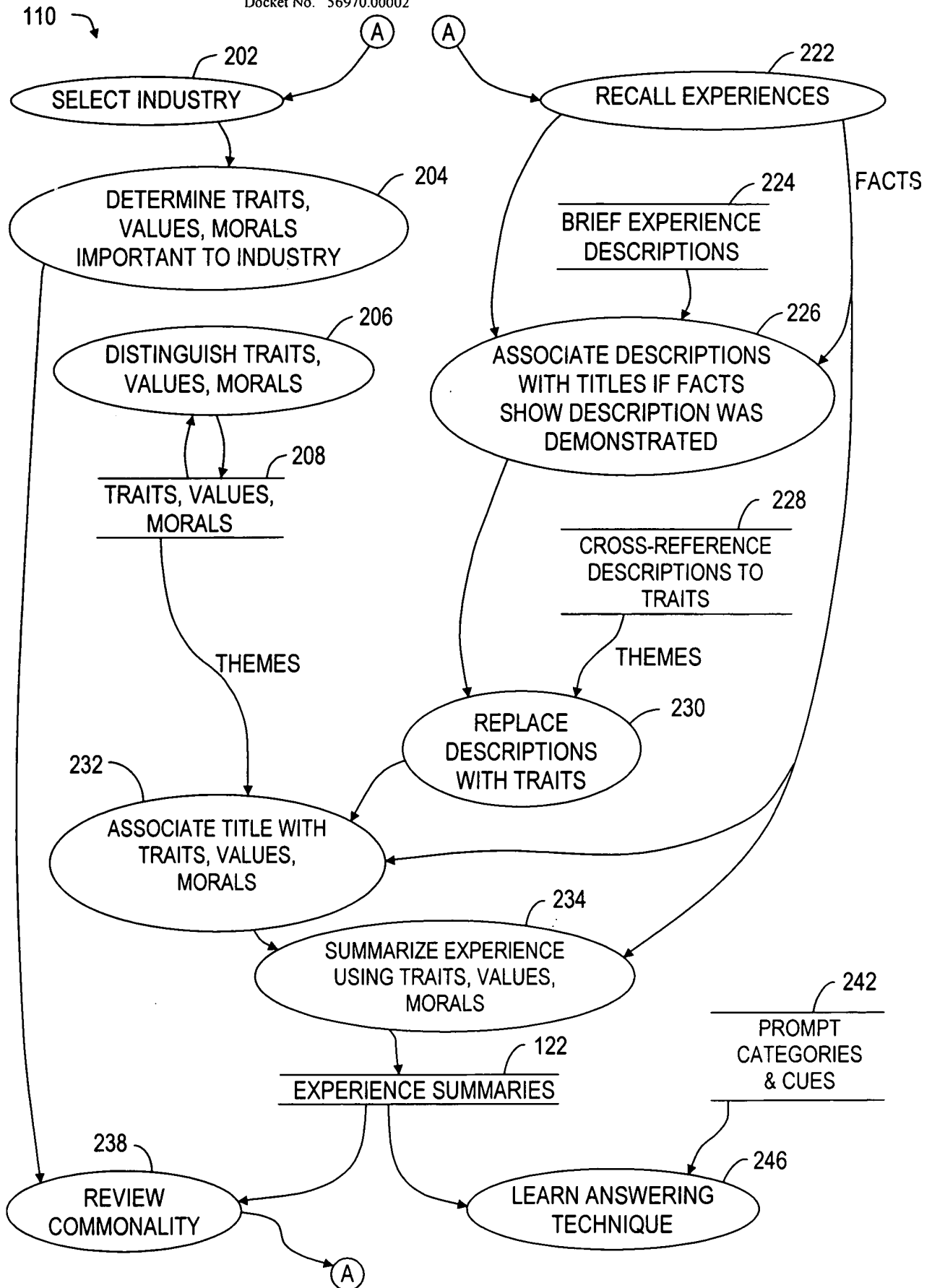


FIG. 2

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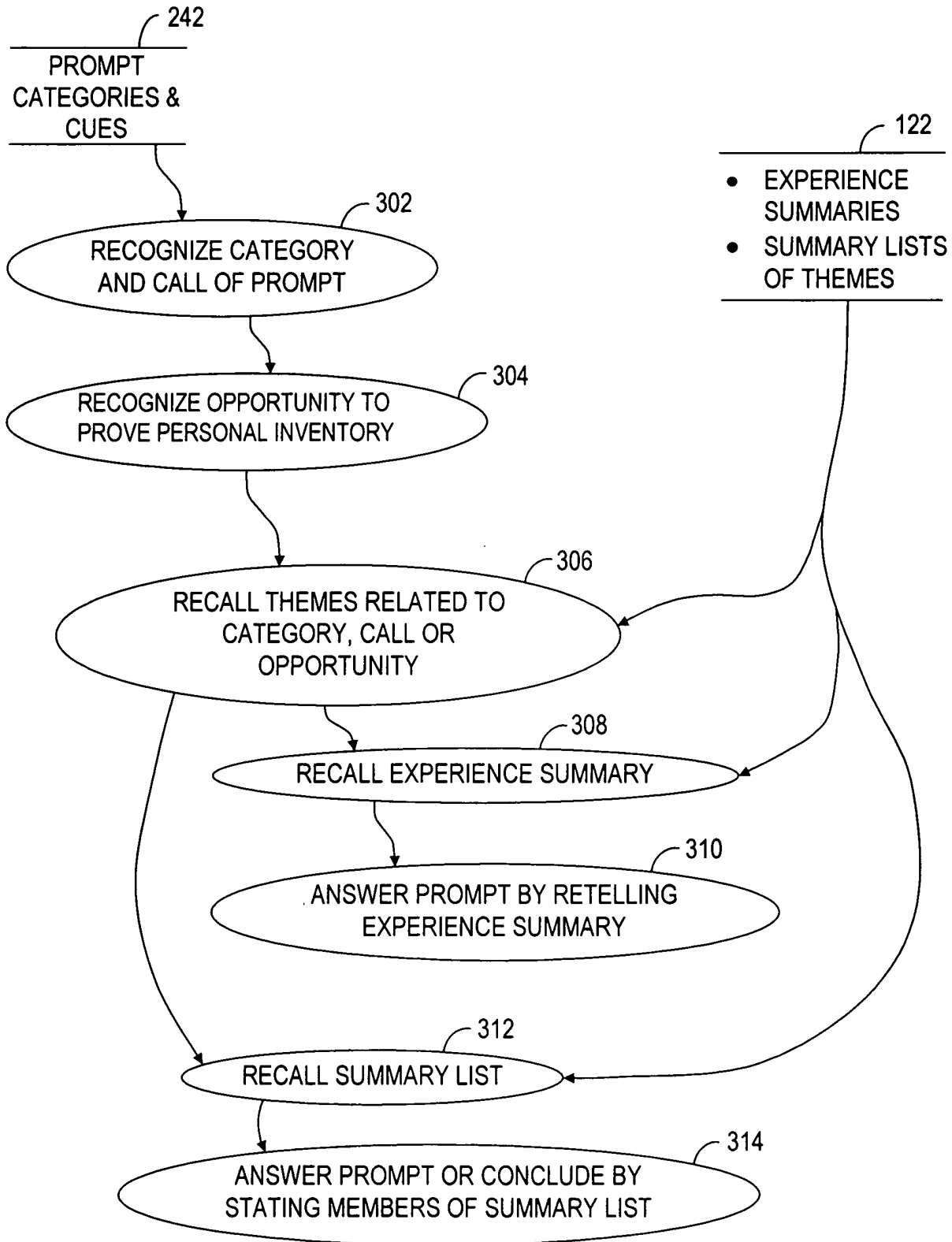


FIG. 3

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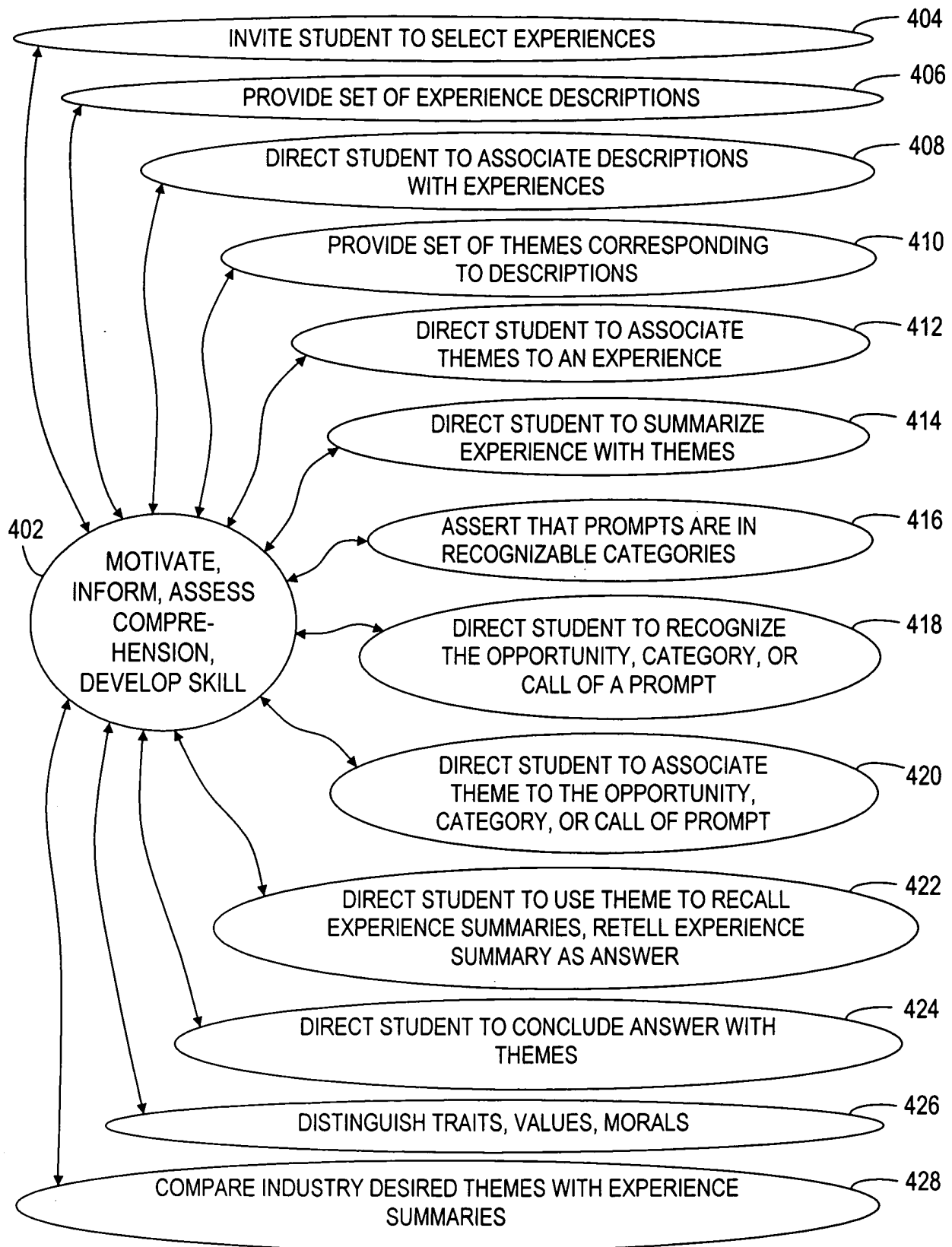


FIG. 4

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| | |
|---|--|
| INDUSTRY OR POSITION) <u>NURSING/SUPERVISOR</u> | |
| INDUSTRY DESIRED THEMES | PERSONAL INVENTORY THEMES |
| <ul style="list-style-type: none"> • DEPENDABLE • RESOURCEFUL • • • • | <ul style="list-style-type: none"> • HARD-WORKING • FOCUSED • COMPASSIONATE • DEPENDABLE • RESPONSIBLE • FORGIVING |

508 510

FIG. 5

| DISCOVERING EXPERIENCE THEMES | | | | | | | |
|---|--|---|---|---|---|---|---|
| TITLE A) <u>CARDIAC NURSE</u> TITLE B) _____ TITLE C) _____ TITLE D) _____ TITLE E) _____ TITLE F) _____ | | | | | | | |
| # | BRIEF EXPERIENCE DESCRIPTION | A | B | C | D | E | F |
| 1 | I LED OTHERS | | | | | | |
| 2 | I COMPLETED A DIFFICULT TASK | X | | | | | |
| 3 | I HELPED SAVE MONEY OR TIME | | | | | | |
| 4 | EVEN WITH DISTRACTIONS, I STAYED ON TASK | X | | | | | |
| 5 | I DEFENDED MY IDEAS | | | | | | |
| 6 | I STAYED CALM WHEN OTHERS GOT NERVOUS | | | | | | |
| 7 | I DID SEVERAL TASKS AT ONCE | | | | | | |
| 8 | SOMEONE FELT BETTER AFTER TALKING TO ME | X | | | | | |

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FIG. 6

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| CROSS-REFERENCES | |
|------------------|--|
| # | THEMES |
| 1 | LEADERSHIP, INFLUENTIAL, TEAM-ORIENTED |
| 2 | SUCCESSFUL, HARD-WORKING |
| 3 | EFFICIENT, COST-CONSCIOUS, THRIFTY |
| 4 | SINGLE-MINDED, FOCUSED, DISCIPLINED |
| 5 | BRAVE, FORTHRIGHT, CONFIDENT |
| 6 | CONFIDENT, MATURE |
| 7 | ORGANIZED, BALANCED |
| 8 | UNDERSTANDING, COMPASSIONATE |

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FIG. 7

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| NAME THAT THEME | | | | | | | |
|---|---|---|---|---------------|---|---|---|
| FOR EACH THEME, MARK AN "X" UNDER: "M" FOR <u>MORAL</u> IF IT'S ETHICAL (RIGHT AND WRONG) "V" FOR <u>VALUE</u> IF IT'S RESPECTABLE (FIRST CLASS) "P" FOR <u>PERSONALITY TRAIT</u> IF ITS EFFECTIVE (WAY TO GO) | | | | | | | |
| THEME | M | V | P | THEME | M | V | P |
| FLEXIBLE | | | X | DISCIPLINED | | X | |
| MATURE | | | X | OPENNESS | | | X |
| KNOWLEDGE | | | X | HARD-WORKING | | | X |
| THRIFTY | | | X | GENEROUS | | X | |
| HONESTY | X | | | TEAM-SPIRITED | | | X |
| LOYALTY | X | | | PERSEVERANCE | | X | |
| FRIENDSHIP | | X | | DEPENDABLE | | | X |
| FAMILY | | X | | WELL-DRESSED | | X | |
| ARTICULATE | | | X | PROMPT | | | X |
| CONFIDENT | | | X | ORGANIZED | | X | |
| SATISFACTION | | X | | TACTFUL | | | X |
| COMMUNITY | | X | | LEADERSHIP | | X | |
| INITIATIVE | | | X | AMBITIOUS | | | X |
| FAIRNESS | | X | | FORGIVING | X | | |
| RESPONSIBLE | | | X | GOAL-ORIENTED | | X | |
| RECOGNITION | | X | | COMPASSIONATE | | X | |

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FIG. 8

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| EXPERIENCE SUMMARY | | |
|---|---|--------------------|
| LETTER A | TITLE) <u>CARDIAC NURSE</u> ROLE) _____ DATE _____ | |
| | | |
| PERSONALITY TRAITS | | VALUES, MORALS |
| 2 <u>HARD-WORKING</u> | <input type="checkbox"/> <u>DEPENDABLE</u> | • <u>FORGIVING</u> |
| 4 <u>FOCUSED</u> | <input type="checkbox"/> <u>RESPONSIBLE</u> | • _____ |
| 8 <u>COMPASSIONATE</u> | <input type="checkbox"/> _____ | • _____ |
| <p>DESCRIBE THE EXPERIENCE, TASK, OUTCOME. MENTION MOST OF THE THEMES IN YOUR EXPLANATION.</p> <p><u>AS A CARDIAC NURSE, I WAS ROUTINELY CALLED TO THE DIFFICULT EMERGENCIES BECAUSE THE DOCTORS AND OTHER NURSES COULD DEPEND ON ME. THEY SAW ME AS HARD-WORKING, RESPONSIBLE, AND FOCUSED. I TOLD PEOPLE WHERE I WAS GOING SO THEY COULD FIND ME IN A HURRY. I WASN'T JUST BUSY, I TALKED TO PATIENTS IN RECOVERY. SOME WOULD BLAME THEMSELVES. I'D SAY MANY FACTORS CONTRIBUTE A LITTLE, BUT THEY SHOULD RELAX AND FORGIVE THEMSELVES FIRST.</u></p> <p>-----</p> <p>DURING THE EXPERIENCE I DEMONSTRATED:</p> <ul style="list-style-type: none">• RESPONSIBILITY• COMPASSION• | | |

FIG. 9

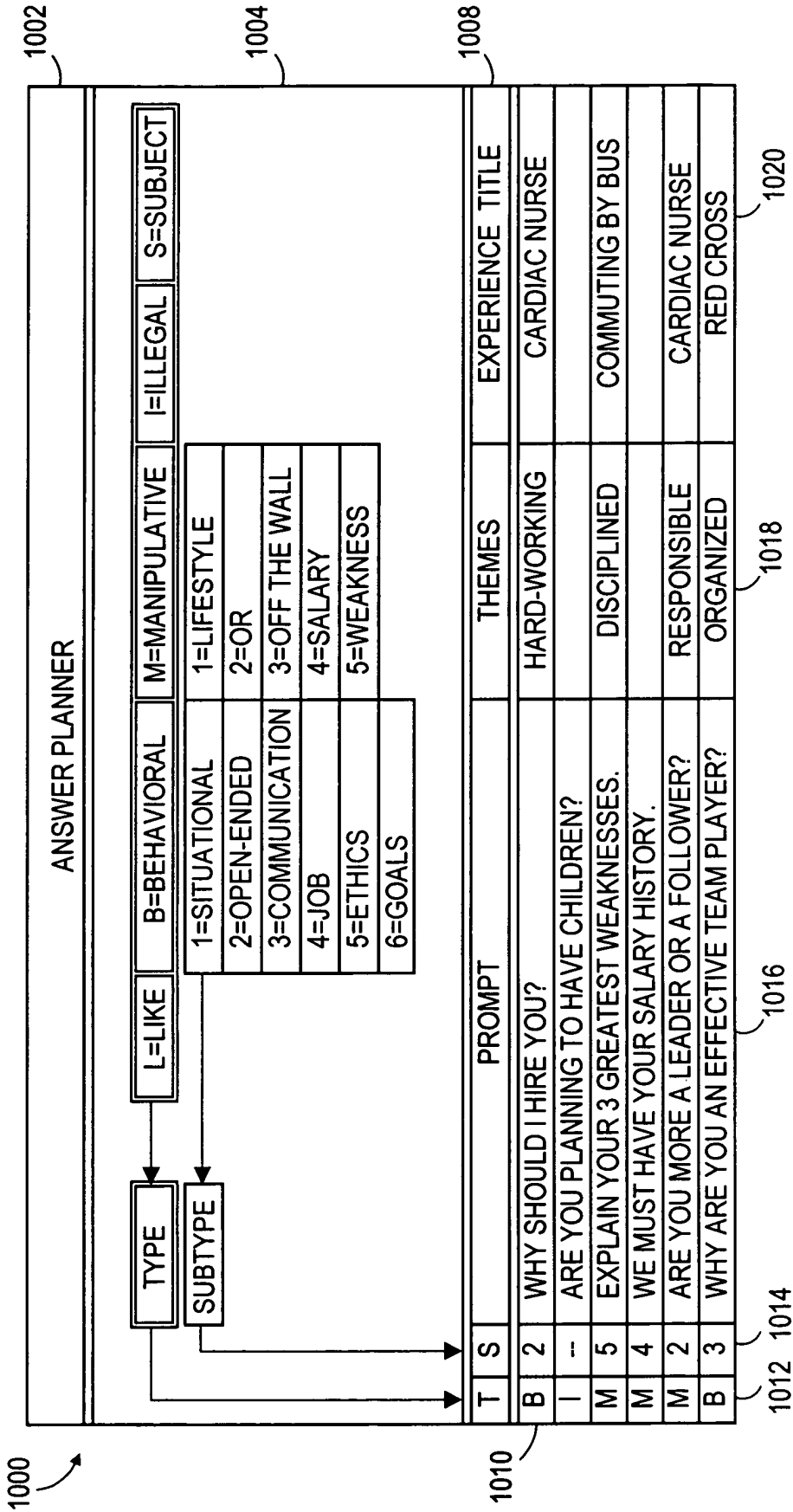


FIG. 10